

## Visioning Session Questions

Imagine achieving the results in your life that you deeply desire. What would they look like? What would they feel like? What words would you use to describe them?

If you could be exactly the kind of person you wanted, what would your qualities be?

What material things would you like to own?

What is your ideal living environment?

What is your desire for health, fitness, anything to do with your body?

What types of relationships would you like to have with family, friends, others?

What is your ideal profession or vocation? What impact would you like your efforts to have?